INTERNATIONAL VOLUNTEER HQ

The world's most affordable, safe & impactful volunteer abroad programs

Trusted by 118,000 volunteers since 2007

COMMUNITY CHOICE AWARDS

VOTED BEST 2021 VOLUNTEER PROVIDER

CSUDH
CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS

UIC
UNIVERSITY OF ILLINOIS CHICAGO

uOttawa

GEORGIAN COURT UNIVERSITY

Susquehanna University

Carnegie Mellon University Qatar

CityU
Culturally immersive volunteering across 52 Destinations Worldwide
### AREA OF STUDY & VOLUNTEER PROJECTS

<table>
<thead>
<tr>
<th>Area of Study</th>
<th>Volunteer Projects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicine</td>
<td>Medical, Elderly Care, Special Needs Care</td>
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<tr>
<td>Nursing</td>
<td>Childcare, Medical, Elderly Care, Special Needs Care</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>Medical, Sports, Elderly Care, Special Needs Care</td>
</tr>
<tr>
<td>Education</td>
<td>Childcare, Teaching, Arts &amp; Music, Sports, Refugee Support, Women's Empowerment, Elderly Care, Special Needs Care</td>
</tr>
<tr>
<td>Trades</td>
<td>Construction &amp; Renovation</td>
</tr>
<tr>
<td>Business</td>
<td>NGO Support, Women's Empowerment</td>
</tr>
<tr>
<td>Psychology</td>
<td>Medical, Elderly Care</td>
</tr>
<tr>
<td>Environmental Sciences</td>
<td>Animal Care, Conservation, Turtle &amp; Marine Conservation</td>
</tr>
<tr>
<td>Humanitarian Studies</td>
<td>Childcare, NGO Support, Refugee Support, Women's Empowerment, Community Development, NGO Support, Women's Empowerment</td>
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</tbody>
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Volunteering trips that work for YOU & YOUR STUDENTS

Are your students looking for safe and affordable service learning options abroad? Every year, hundreds of faculty members trust IVHQ to deliver their volunteer programs around the world. Our experience and scale allows us to offer volunteer programs for groups of students or individual travelers that are:

- **Low cost, accessible & inclusive**
  From just $20/day for a fully organized trip with accommodation and meals included, with a strong diversity and accessibility mission.

- **Tailored to meet your students’ needs**
  Year-round start dates, customized itineraries for groups, organization of local transportation and in-country tours.

- **Safe, reliable & supported**
  Comprehensive health & safety, risk management, Covid-19 protocols, and responsible travel policies in place.

- **Support ethical & responsible travel**
  We’re a Certified B Corporation, Carbon Neutral, and our volunteer programs align with the UN’s Sustainable Development Goals.
Ethical & inclusive programs that work towards the UN’s Sustainable Development Goals

Volunteering that supports your university’s commitment to the SDGs
Our volunteer programs work towards one or more of these goals, giving students the opportunity to gain international experience while participating in efforts which address important social and environmental issues.

We champion diversity, accessibility, & inclusion
IVHQ’s low cost fees, flexible programs, and commitment to diversity empowers students of all backgrounds to volunteer abroad. We’re proud to have enabled people of 96 different nationalities, including those from minority and LGBTQI+ communities, to volunteer abroad in the last 12 months.

We’re Climate Neutral & a Certified B Corporation
As a certified B Corporation, our impact on volunteers, local communities, and the environment is regularly audited and held to the highest ethical standards. Our business operations have been certified as 100% carbon neutral since 2019 and we were the first global volunteer provider to declare a Climate Emergency.
LOW COST PROGRAM FEES
including accommodation, meals & local hosting

Our Program Fee covers:

- Accommodation sourced and vetted by us
- Meals (varies by destination)
- Airport pick up
- In-country program orientation
- Pre-departure support
- 24/7 local support
- Personalized preparation tools, guides and checklists
- Discounted insurance, flights, tour add-ons & language lessons
- Certificate of International Volunteering

Please note: A Registration Fee of $299 is payable by each volunteer in addition to the Program Fee listed above to cover all pre-departure organization and support services.
<table>
<thead>
<tr>
<th>VOLUNTEER DESTINATION</th>
<th>PROGRAM FEE FOR 2 WEEKS INCL. ACCOMMODATION</th>
<th>PROGRAM FEE FOR 4 WEEKS INCL. ACCOMMODATION</th>
<th>PROGRAM FEE FOR 12 WEEKS INCL. ACCOMMODATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>South America (5 destinations)</td>
<td>From $416 = $30/day</td>
<td>From $734 = $27/day</td>
<td>From $1,766 = $22/day</td>
</tr>
<tr>
<td>Central America (2 destinations)</td>
<td>From $570 = $41/day</td>
<td>From $975 = $35/day</td>
<td>From $2,335 = $28/day</td>
</tr>
<tr>
<td>Africa (9 destinations)</td>
<td>From $420 = $30/day</td>
<td>From $760 = $28/day</td>
<td>From $2,120 = $26/day</td>
</tr>
<tr>
<td>Europe (7 destinations)</td>
<td>From $570 = $41/day</td>
<td>From $960 = $35/day</td>
<td>From $2,400 = $29/day</td>
</tr>
<tr>
<td>Asia (10 destinations)</td>
<td>From $380 = $28/day</td>
<td>From $640 = $23/day</td>
<td>From $1,620 = $20/day</td>
</tr>
<tr>
<td>The Caribbean (3 destinations)</td>
<td>From $715 = $52/day</td>
<td>From $1,275 = $46/day</td>
<td>From $3,930 = $47/day</td>
</tr>
<tr>
<td>North America (2 destinations)</td>
<td>From $520 = $38/day</td>
<td>From $880 = $32/day</td>
<td>From $2,210 = $27/day</td>
</tr>
<tr>
<td>The Pacific (3 destinations)</td>
<td>From $617 = $45/day</td>
<td>From $1,006 = $36/day</td>
<td>From $2,417 = $29/day</td>
</tr>
<tr>
<td>The Middle East (1 destination)</td>
<td>From $985 = $71/day</td>
<td>From $1,665 = $60/day</td>
<td>From $4,385 = $53/day</td>
</tr>
</tbody>
</table>
Our tailored approach starts with understanding the needs of your faculty by providing custom itineraries with detailed pricing. From the moment you make an inquiry with IVHQ, our dedicated Group Support team will work with you to help your volunteer trip planning, including:

- Understanding your budget constraints
- Finding a destination and volunteering placement best suited to your group’s size, preferences, skills, and budget
- Arranging any custom accommodation requirements
- Putting together weekly schedules (volunteering, accommodation, meals, trips, etc.)
- Organizing local transportation
- Booking additional tours or excursions

We've facilitated over 1,000 trips with student volunteer groups with specialist interests and skills, ranging in size from 8 - 100 members.
We follow comprehensive health & safety, risk management & responsible travel policies

### Risk management & health & safety requirements
- Best practice and industry-leading health and safety procedures
- All placements and accommodation have been vetted and are regularly audited
- You can visit our internship programs as part of university vetting requirements or familiarization trips

### Additional Covid-19 safety protocols
- All local teams have implemented enhanced procedures to minimize Covid-19 risks
- Evidence of a negative PCR test for all interns upon arrival
- Strict disinfecting and physical distancing

### Responsible travel practices
- We identify the potential ethical issues that can arise when taking on an internship abroad
- Clear codes of conduct for working with children and vulnerable adults, animal welfare, selecting care facility placements, making donations, and cultural exchange
I chose IVHQ because of their approach to Responsible Volunteer Travel, the level of service and support I received, and the affordability of their fees. All of my students had access to information ahead of time and the local team were also EXCELLENT on the ground. As a faculty leader, I was completely satisfied and I very much feel that our project was suitable for our group, with all of us growing and learning from the experience. Volunteering in Guatemala was a very humbling experience and I will take my students on more of these kinds of experiences.

Michelle Osmond (Guatemala)
Faculty Leader for the Bachelor of Science in Nursing Group from Algonquin College, Canada

Over the past 3 years, Carnegie Mellon University in Qatar has worked with IVHQ to arrange group programs for our students each year. Our students find their own preferred overseas locations and propose these to us for review and advice; so far our annual student groups have volunteered in South Africa, Morocco and Thailand with IVHQ. I have found IVHQ's service to be superb. We typically have a few unique situations that aren’t necessarily covered on their website. However, in having a dedicated Groups Manager, any additional information we require is provided in a timely manner.

Carnegie Mellon University in Qatar (South Africa, Morocco & Thailand)

Planning this experience couldn’t have been easier. IVHQ was fantastic to work with - they were proactive in their approach, insightful, had quick responses, and never tired from our many, many questions and sometimes last-minute changes within our group. If you’re looking to arrange a group, you will have peace of mind working with IVHQ.

Ryan Thomas (Costa Rica)
University of Michigan Honors Group Leader

We consistently get 5-star reviews from faculty & students
The medical mission trip organized through IVHQ was absolutely amazing. Having the chance to go to India and provide healthcare to communities in need was an eye-opening and fulfilling experience. We were able to provide blood glucose and blood pressure screenings and triage general ailments. Learning about the culture and seeing the health disparities firsthand gives you a greater appreciation of just how valuable volunteering efforts across the world can be.

Lalita Prasad-Reddy
Chicago State University, Medical Campaign in India

Our university brought some students to volunteer in Kenya and little did I know that I would be getting so much out of this trip. I have learned so much from this experience and believe it has transformed and is transforming me, into a better version of myself. It has opened my perspective and view on the world. Overall the trip exceeded all my expectations and I cannot thank the IVHQ team enough for the great memories and everlasting happy memories.

Mariam Naiser
American University of Kuwait Group Member, Childcare in Kenya

Our Group traveled to the IVHQ program in Zambia. We went to a location that needed our help and we were able to give it our all. We learned a lot and our efforts were appreciated by everyone. I have become more confident in myself and my abilities, and more sensitive and respectful of other cultures. I have also improved my communication skills as a whole. I highly recommend this program.

Basmah Azmi
Northwestern University in Qatar Group Member, Zambia
Get in touch with our campus team

Looking for personalized internship recommendations for your students? We can customize our flexible programs to meet the academic requirements of your institution. We can also attend campus events upon request to talk to your students first-hand.

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