



INTERNATIONAL VOLUNTEER HQ

The World's Most Affordable and Flexible Volunteer Programs Abroad

Trusted by 126,000+ volunteers
since 2007



Culturally immersive volunteering across » 50+ DESTINATIONS WORLDWIDE «



Find us on
TerraDotta



Find us on
Via

» 300+ VOLUNTEER PROJECTS «

that complement your students' academics

AREA OF STUDY & VOLUNTEER PROJECTS

Business

NGO Support, Women's Empowerment

Education

Arts & Music, Childcare, Elderly Care, Refugee Support, Sports, Special Needs Care, Teaching, Women's Empowerment

Environmental Sciences

Climate Action, Environmental Education, Sustainable Agriculture, Turtle & Marine Conservation, Wildlife & Animal Care

Humanitarian Studies

Childcare, Community Development, NGO Support, Refugee Support, Women's Empowerment

Medicine

Dentistry, Elderly Care, Medical, Special Needs Care

Nursing

Childcare, Elderly Care, Medical, Special Needs Care

Physical Therapy

Elderly Care, Medical, Sports, Special Needs Care

Psychology

Elderly Care, Medical

Trades

Construction & Renovation

Volunteering trips that work for » YOU & YOUR STUDENTS «

Are your students looking for safe and affordable service learning options abroad? Every year, hundreds of faculty members trust IVHQ to deliver their volunteer programs around the world. Our experience and scale allows us to offer volunteer programs for groups of students or individual travelers that are:



Affordable

We aim to make meaningful international experiences accessible to all. Our programs start at just US\$20/day, including meals and accommodation.



Safe

We follow comprehensive risk and emergency management protocols to ensure participants are safe and supported.



Flexible

Our programs have year-round start dates, flexible durations, and we offer customized itineraries for groups, including the organization of local transportation and in-country tours.



Impactful

Our volunteer programs are locally-led and support the UN's Sustainable Development Goals. We're a carbon neutral Certified B Corporation with a strong commitment to responsible volunteering practices.

Our community-driven programs support cultural exchange, personal growth, and sustainability

The logo for the United Nations Sustainable Development Goals, featuring the words "SUSTAINABLE DEVELOPMENT" in a sans-serif font above the word "GOALS" in a larger, bold, sans-serif font. A circular icon with radiating lines is positioned between "DEVELOPMENT" and "GOALS".

SUSTAINABLE
DEVELOPMENT
GOALS

We're committed to the United Nations' Sustainable Development Goals

Our volunteer programs contribute to one or more of the United Nations' SDGs, giving students the opportunity to gain international experience while participating in efforts to address global challenges.



We champion diversity, accessibility, and inclusion

Our low cost fees, flexible programs, and commitment to diversity empowers students of all backgrounds to volunteer abroad. We're proud to have supported people from 105 different nationalities, including those from traditionally under-represented populations, to volunteer abroad in the last 12 months.

The logo for a Certified B Corporation, featuring the word "Certified" above a circular icon containing a stylized letter "B". Below the icon, the words "Corporation" and "bcorporation.net" are written in a smaller font.

Certified



Corporation
bcorporation.net

We're climate neutral & a Certified B Corporation

As a Certified B Corporation, our impact on volunteers, local communities, and the environment is regularly audited and held to the highest ethical standards. Our business operations have been certified as 100% carbon neutral since 2019, and we were the first global volunteer provider to declare a climate emergency.

» LOW COST PROGRAM FEES «

including accommodation, meals, and local hosting



Our Program Fee covers:

- ✓ Accommodation that is vetted and regularly monitored
- ✓ Meals (varies by destination)
- ✓ Airport pick up
- ✓ In-country program orientation
- ✓ Pre-departure support
- ✓ 24/7 local support
- ✓ Personalized preparation tools, guides, and checklists
- ✓ Discounted insurance, flights, tour add-ons, and language lessons
- ✓ Certificate of International Volunteering

Please note: A Registration Fee of US\$329 is payable by each volunteer in addition to the Program Fee listed above to cover all pre-departure organization and support services.

VOLUNTEER DESTINATION	PROGRAM FEE FOR 2 WEEKS INCL. ACCOMMODATION	PROGRAM FEE FOR 4 WEEKS INCL. ACCOMMODATION	PROGRAM FEE FOR 12 WEEKS INCL. ACCOMMODATION
Africa (9 countries)	From \$415 = \$30/day	From \$730 = \$26/day	From \$2,005 = \$24/day
Asia (10 countries)	From \$345 = \$25/day	From \$585 = \$21/day	From \$1,545 = \$18/day
Caribbean (3 countries)	From \$950 = \$68/day	From \$1,570 = \$56/day	From \$3,955 = \$47/day
Central America (3 countries)	From \$635 = \$45/day	From \$1,010 = \$36/day	From \$2,490 = \$30/day
Europe (6 countries)	From \$867 = \$62/day	From \$1,401 = \$50/day	From \$3,491 = \$42/day
Middle East (1 country)	From \$1,010 = \$72/day	From \$1,690 = \$60/day	From \$4,410 = \$53/day
North America (1 country)	From \$545 = \$39/day	From \$905 = \$32/day	From \$2,235 = \$27/day
Pacific (3 countries)	From \$642 = \$46/day	From \$1,031 = \$37/day	From \$2,442 = \$29/day
South America (5 countries)	From \$425 = \$30/day	From \$700 = \$25/day	From \$1,800 = \$21/day

Please note: All prices are listed in USD.

» CUSTOMIZABLE PROGRAMS «

to support your group's needs and learning objectives

Our tailored approach starts with understanding the needs of your faculty by providing custom itineraries with detailed pricing. From the moment you make an inquiry with IVHQ, our dedicated Group Support team will work with you to help your volunteer trip planning, including:

- ✓ Understanding your budget constraints
- ✓ Finding a destination and volunteering placement best suited to your group's size, preferences, skills, and budget
- ✓ Arranging any custom accommodation requirements
- ✓ Putting together weekly schedules (volunteering, meals, trips, etc.)
- ✓ Organizing local transportation
- ✓ Booking additional tours or excursions

We've facilitated over 1,000 trips for student volunteer groups with specialist interests and skills, ranging in size from 8 - 100 members.



We follow comprehensive approaches to health, safety, risk, and responsible volunteering

Health, safety, and risk management

- ✓ All programs maintain an up-to-date risk assessment to identify potential hazards and implement mitigation strategies.
- ✓ Volunteers participate in pre-departure training, an in-person orientation, and on-site training with a focus on health and safety.
- ✓ Local teams are trained in first aid. Placements and accommodation have been vetted and are regularly monitored for safety and security.

Emergency and serious incident response

- ✓ Volunteers have 24/7 access to local staff who can provide access to necessary resources, including evacuation, in the event of a serious emergency or crisis.
- ✓ All incidents are reported within 24 hours and IVHQ Program Managers and senior staff can escalate support, as needed.
- ✓ Feedback from volunteers and local teams is continually reviewed and used to revise our approach to risk and emergency management.

Responsible volunteering policies

- ✓ We connect volunteers with local leaders who are best suited to identify the most pressing needs and ways to meaningfully get involved in their communities.
- ✓ Our responsible volunteer policies are in place to protect children, vulnerable adults, the environment, and welfare of animals.
- ✓ We identify the potential ethical issues that can arise when volunteering abroad and implement strict codes of conduct on-site.

» ACADEMIC CREDIT «

to support your students' degree plans

With your institution

- ✓ We regularly work with university faculty and staff to support students who have additional steps to complete before their placement with IVHQ is approved.
- ✓ We can provide extensive documentation to satisfy your university travel policies, including health and safety management, risk mitigation, insurance information, and individualized agreements / MOUs.
- ✓ Our local teams provide supervision and can complete student evaluations, assessments, or other required student forms.

Through our School of Record

- ✓ We offer a credit-bearing service learning course, which is available across all volunteer destinations and projects.
- ✓ Participating students complete self-reflections and written assignments during their volunteer experience and then receive a letter grade based on their submitted coursework.
- ✓ At the end of the course, a transcript for 1-5 upper-division internship credits is awarded by the University of Montana, our School of Record partner.

Students are encouraged to discuss all credit-bearing opportunities with their academic advisor and obtain approval prior to enrollment. Let us know how we can help by messaging campus@volunteerhq.org!

We consistently get 5-star reviews from faculty and students



My favorite moment was on the Medical Campaign project. We had traveled to a school and there were a lot of children there who had no idea how to properly wash their hands. We showed them and you could just see the gratitude in their eyes that they felt clean. We also taught them how to brush their teeth, and provided them with toothbrushes. It was amazing to be able to give them something to keep and information that would last a lifetime.

Whitnee Deaton (Guatemala)

Purdue University Group Medical Campaign



Lima, Peru was truly the most amazing experience of my life. Not only was I able to meet wonderful people, I was able to help change lives whilst doing it. People kept saying to me thank you for the work I was doing whilst there, but if anything it is me who should be thanking them. The experience they provided me with is one that will never be forgotten and it was such a privilege to be able to work with IVHQ on a special needs placement. To anyone having any doubts or those who are worried about traveling alone, just go for it! I can promise you that you won't regret it. You'll come home a completely better person with new friends all over the world, a heart full of love and a crazy amount of fantastic memories. Thank you again Peru, you were a blast!

Amber Jesson (Peru)

De Montfort University



Planning this experience couldn't have been easier. IVHQ was fantastic to work with - they were proactive in their approach, insightful, had quick responses, and never tired from our many, many questions and sometimes last-minute changes within our group. If you're looking to arrange a group, you will have peace of mind with working with IVHQ. For future groups and volunteers, I'd say you're about to have an awesome experience in Costa Rica; definitely take the opportunity to stay with host families - you'll learn so much Spanish, eat like royalty, and experience the warmth of the culture. As the ticos say, Pura Vida!

Ryan Thomas (Costa Rica)

University of Michigan Honors Group

Get in touch with our campus team

Looking for personalized volunteer opportunities for your students? We can customize our flexible programs to meet the academic requirements of your institution. We can also attend campus events upon request to talk to your students first-hand.



JENNIFER GAY

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CAMPUS PARTNERSHIPS TEAM

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